



KCC's **Tuesday Night Powerhouse** will be a weekly time of strengthening for individuals, families and the church. Running from 7.00pm to 9:00 pm each week, there will be something to help us all grow stronger in our Christian walk. All classes will meet in the ministry center and then proceed to the various classes.

	Building Individual	Building Marriage & Family	Building Church	Building Kingdom	Building the Soul	KHOP
Jan 17	"Your Amazing Brain"	You And Your Money	God, is that you?	Men's Evangelism	Running	Harp and Bowl Style Worship and Prayer
Jan 24	"Your Amazing Brain"	You And Your Money	God, is that you?	Men's Evangelism	Running	Harp and Bowl Style Worship and Prayer
Jan 31	"Your Amazing Brain"	You And Your Money	God, is that you?	Men's Evangelism	Running	Harp and Bowl Style Worship and Prayer
Feb 7	"Your Amazing Brain"	You And Your Money	God, is that you?	Men's Evangelism	Running	Harp and Bowl Style Worship and Prayer
Feb 14	Cake Decorating	You And Your Money	Strengths Finder	Men's Evangelism	Running	Harp and Bowl Style Worship and Prayer
Feb 21	Cake Decorating	You And Your Money	Strengths Finder	Men's Evangelism	Running	Harp and Bowl Style Worship and Prayer
Feb 28	Cake Decorating	You And Your Money	Strengths Finder	Men's Evangelism	Running	Harp and Bowl Style Worship and Prayer
March 6	Cake Decorating	You And Your Money	Strengths Finder	Men's Evangelism	Running	Harp and Bowl Style Worship and Prayer

Registration Form

Name _____ Phone _____

Email _____

Please put a check in the box(s) for the classes you wish to attend.

- | | |
|---|---|
| <input type="checkbox"/> "Your Amazing Brain" | <input type="checkbox"/> Cake Decorating with Fondant |
| <input type="checkbox"/> You And Your Money | <input type="checkbox"/> Men's Evangelism |
| <input type="checkbox"/> God, is that you? | <input type="checkbox"/> Strengths Finder |
| <input type="checkbox"/> Running | |

Building the Individual | Title: "Your Amazing Brain" | Facilitating: **Steve Brooks** | Length: **4 Weeks**

Caroline Leaf DVD from the series "Your Body His Temple" Did you know that up to 95% of physical health issues are a direct result of your thought life? Dr. Caroline Leaf explains how to get rid of toxic thoughts and see your prayers.

Session topics: **1.**Your Amazing Brain, **2.** How A Thought Forms and Becomes Toxic, **3.** Beating Stress, **4.** 13 Steps To Detox Your Thought Life

Video: <http://lifetoday.org/video/your-body-his-temple-series-25/>

Building the Individual | Title: **Cake Decorating with Fondant** | Facilitating: **Jake Wiebe** | Length: **4 Weeks**

Basics of cake decorating covered could be: Fondant work, Gum paste flowers, Cake slicing and filling, Writing, Piping, Designing the cake Hands on interactive classes. Location: 1425 McCurdy Road (Please pick up list of items to bring)

Cost: \$20. Space is limited so please register early.

Building Marriage & Family | Title: **You and Your Money** | Facilitating: **Pastor Ed & Team** | Length: **8 Weeks**

This class will cover things such as: Budgeting, Investment Basics, Dealing with Credit, Wise Shopping, Meal Savers, and Food Plans.

Building Church | Title: **God, is that you?** | Facilitating: **Sue Haskett** | Length: **4 Weeks**

One of the most important things we need to learn and experience is that of walking with God, learning to hear Him and understand the many ways God communicates with us. This practical guide to hearing God's voice shows how an ordinary person can hear and walk with God.

Building Kingdom | Title: **Men's Evangelism** | Facilitating: **Pat Guerra & Carl Thompson** | Length: **8 Weeks**

A group for any men interested in or presently involved in outreach and discipleship. We will have discussion, encouragement, support and prayer.

Building the Soul | Title: **Running** | Facilitating: **Michelle Strugnell** | Length: **8 Weeks**

Like to run, but don't like running alone? Running in a group run will not only motivate you, but bring in the pure enjoyment of sharing the experience with others. This class will be modified according to the physical fitness levels of the participants in the group.

Building Church | Title: **Strengths Finder** | Facilitating: **Pastor Walt Spencor** | Length: **4 weeks**

People have several times more potential for growth when they invest energy in developing their strengths instead of correcting their deficiencies. Strengths Finder will help you uncover your talents and has hundreds of strategies for applying your strengths that will change the way you look at yourself-and the world-forever.

Cost: This class requires an online assessment, \$20

Video: <http://www.youtube.com/watch?v=93anYwdtADs&feature=related>

KHOP | Title: **Harp & Bowl style Worship, Prayer, & Ministry Times** | Facilitating: **Shawn and Jasmine Friesen & Team** | Length: **Continuing**

Hands on interactive worship and prayer sessions. Open sessions all are welcome. This class is ongoing through the year, registration is not required.

See the KCC website for online registration, videos and more information on the Tuesday Night Powerhouse classes.

Kelowna Christian Center

Tuesday Night

POWERHOUSE